



## Workington & District Primary Heads Association

**Chairperson:** Miss Angela Quirk, Distington Community School, [head@distington-comm.cumbria.sch.uk](mailto:head@distington-comm.cumbria.sch.uk) 01946 830526

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### Updated School response to COVID-19 (Coronavirus) 13/03/2020

#### Please take note of highlighted sections.

Dear Parent

Please note the following advice remains the same:

Cases of coronavirus are predicted to increase. This means the likelihood of a pupil or member of staff testing positive or being in contact with a confirmed case and being advised to self-isolate is increasing. The current situation is that if there is a confirmed case at school then Public Health England will advise on the appropriate and proportionate steps to take. Where a pupil or staff member is self-isolating due to contact with a confirmed case the current national advice is that schools should remain open.

We are not aware of any cases that affect our school community currently. However, students **must not** come into school if they have any of the following symptoms:

1.
  - a. Fever
  - b. Dry cough
  - c. Shortness of breath

If any of these symptoms are present or you are worried in any way that you or your child may have contracted coronavirus you should contact NHS 111 immediately to seek advice. Please then notify the school about the action you have been asked to take.

#### **Update:**

#### **Symptoms**

**The most common symptoms of coronavirus (COVID-19) are recent onset of:**

- new continuous cough and/or
- high temperature

**For most people, coronavirus (COVID-19) will be a mild infection**

#### **Key messages**

- if you have symptoms of coronavirus infection (COVID-19), however mild, stay at home and do not leave your house for 7 days from when your symptoms started.

